

# Care Where You Live

Studies have proved that people heal faster in their own homes. If you are under the care of a physician, have difficulty leaving home and need visits from a health care professional, Mercy Home Health provides the assistance and services you require. A team of professionals with extensive training in home care will work with your physician to design and provide a home care program that meets your specific needs. If you or a family member need home care, ask your physician for a referral to Mercy Home Health.



*Imagine better health.<sup>SM</sup>*

**Home Health Services**

## Our Core Values

Reverence Integrity Compassion Excellence

## Home Health Services

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7400154 (12/16)



# Helping You Heal at Home

## Services Available

### Physical Therapy

- Home safety assessment
- Strengthening/range of motion
- Functional mobility training
- Orthopedic/surgical rehabilitation
- Neurological rehabilitation for stroke, dementia, Parkinson's or head injury clients
- Balance/fall risk assessment and prevention
- Caregiver training

### Occupational Therapy

- Activities of daily living (ADL) training (feeding, grooming, dressing, bathing, toileting)
- Evaluation of bathroom equipment needs
- Instrumental activities of daily living (IADL) training (preparing meals, cleaning, laundry)
- Fine motor coordination training
- Low vision adaptation
- Visual perceptual training

### Speech Therapy

Address deficits in:

- Swallowing
- Communication/ Language
- Cognition

### Dietitian

- Nutritional needs

### Licensed Clinical Social Workers

- Counseling
- Resource referral
- Crisis intervention
- Emotional support
- Financial information

### Certified Home Health Aides

- Bathing
- Personal care
- Dressing
- Light housekeeping

### Skilled Nursing

- Infusion therapy
- Wound care (certified wound, ostomy and continence nurse on staff)
- Catheter care
- Medication management
- Pain/symptom management
- Diabetic management
- Caregiver and patient training and education
- Case management
- Lab draws
- Cardiac care
- Pulmonary care
- Tube feeding management

### Financial Information

*Medicare, Medicaid and private insurance generally pay for home health services. However, no one in need of medical care will be turned away because they are unable to pay.*



## Care At Home Where You Belong

Mercy Home Health is a not-for-profit program that was established in 1974. The health care professionals at Mercy Home Health have dedicated their careers to keeping patients in the most comfortable and productive environment for healing — their own homes.

The Mercy Home Health staff's mission is to provide high-quality home care that considers the total well-being and preserves the dignity of each individual we serve.

During an illness, it is not uncommon to experience a loss of control. However, with the assistance of Mercy Home Health staff, you are in charge. While you remain at home with your family and in the comfort of familiar surroundings, we work with your physician on helping you achieve the highest possible level of independence.